



# SYTRINOL LNA

(Cardioprotective exercise mimetic)

## Summary:

*Sytrinol LNA is a unique combination of flavones, amino acids and B vitamins. It can mimic the effects of exercise and fasting. Sytrinol was shown to decrease lipids associated with atherosclerosis or clogging of the arteries. Nobelitin, the main ingredient in Sytrinol, was shown to decrease inflammatory signals while also improving circadian rhythms. Low doses of Leucine have been shown to decrease the dose needed of nicotinic acid to produce positive cardiometabolic effects. This decreases the incidence of side effects most associated with higher doses of nicotinic acid.*

## Reasons why your provider may be recommending Sytrinol LNA

- Substitute for statin or other prescription cholesterol medications
- Cardioprotection
- Improve cholesterol levels
- Enhance effects of exercise
- Enhance the effects of fasting
- Enhance the effects of peptide therapies or other compounds

## How to take it and what to expect

- Take 3 capsules once daily.
- Take with meal if it causes flushing
- May be taken up to twice daily
- Side effects may include flushing, hot feeling.



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